



the

# RUSSELL family

August 2022

Your missionaries to ¡México!



Dear Brothers and Sisters in Christ,

We want to thank everyone VERY much for the continuous prayers for the prayer request we put out a couple weeks ago. I know it sounds very cliché, but it has been during these very trying times these last couple weeks that the prayers have been felt and very effectual.

Three weeks ago Sarah's health took a very bad turn, the worst that it has been since this whole deal started back in November. There was a test the neurologists did on Sarah to test her nervous system, and her body went into complete muscle/body contractions everyday. The contractions are to the point of constricting her diaphragm and neck muscles so that she can't breathe. Her neck muscles contract so tight they are actually choking her, and getting stronger with each attack. There were various times that she literally couldn't take a breath, to the point of passing out, and after her body went limp she would finally start breathing again. Of course, the doctors have no idea what is going on and simply prescribe medicine just to drug her up.

I have been asking lots of counsel from different people with similar experiences, and through much prayer it's become obvious that the Lord is guiding us to take a health furlough to the States. We have been fervently seeking the Lord for direction, because at this point Sarah is too unstable to make the trip. We are currently with a Christian family here in Mexico that has lots of knowledge of natural medicines and is trying to get a hold of her health enough to stabilize her for travel, and praise God she seems to be stabilizing. She has gone 3 days without an attack on her breathing!

We had a couple good leads on doctors in the states, and we believe the Lord has led us to the right doctor for us to get solid answers and Lord willing eventual health for Sarah. We talked personally with the doctor and he has scheduled us right away for the end of this month. We are lining things up for us to get to the states as soon as possible and make our way to the doctor in North Carolina.

We ask that you please pray with us as the Lord continues to lead us, and we would receive the right help to find the root of the problem and fix all of this. We also ask that you pray for spiritual protection, for the work here in Mexico, and for Angel and his family in our absence. I am very thankful that God has brought Angel here; his family loves the Lord, they're sold out to God, and ready to serve. I trust the Lord will continue to bless the ministry here in Mexico during our absence.

I am sorry that I have not put out much info on all of this, it was just a LOT of unknown for us; but we sincerely appreciate your prayers and ask for even more. Our hearts desire is to get Sarah healthy enough to head back to Mexico as soon as possible! We love you all very much.

Brothers and sisters keep up the good fight!

The Russell Family  
Adam Sarah Kendra Braden

## Prayer Requests:

Souls in Mexico, Sarah's health,  
Spiritual and physical protection here on the field

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Join Us!

